

Name: _____

Date: _____

Primary Mentorship Goals

Identify *up to* 3 primary areas you want to focus on during our mentorship relationship that we didn't get a chance to cover in our initial conversation. The goals should be challenging (so you remain interested) and achievable (realistic). To help you, try answering the question:

“How specifically would you like you, or your life, to be different after mentorship with me?”

For each focus area write a simple heading and do your best to describe 'measurable' results— how you'll know you have succeeded or are on track. For example:

Example Goals:	1) BE MORE PRODUCTIVE AT WORK	2) HAVE MORE QUALITY TIME WITH MY CHILDREN
I'll know I've succeeded when:	I have a system to follow up on calls and emails, I'm on time (or early) for meetings, I get 90% of my tasks accomplished, I complete project x.	I'm home from work by 6pm, once a week we go out and do something fun together, my kids won't complain that they never see me, I feel happier.

Goal

1:

I'll know I've succeeded when:

Goal

2:

I'll know I've succeeded when:

Goal	_____
	I'll know I've succeeded when: _____
3:	_____

Secondary Goals * Cleaning the Clutter!

These secondary goals are included to give you additional value from mentorship. You will work on these yourself during the mentorship period.

Notes for setting Secondary Goals:

1. These goals are a secondary focus of our mentorship. They're small things and may have been bothering you for some time. In order To Clear the Clutter, how specifically can you rid yourself of mental and physical clutter? Some examples could be: clean out the hall closet, update my resume, or compliment my partner once a day until it becomes a habit.
2. These goals are and must be distinct from the primary goals.
3. You must be able to state the goal in one sentence.
4. The goal needs to be measurable in order to experience the joy of success!

Goal 1: _____

Goal 2: _____

Goal 3: _____

Goal 4: _____

Goal 5: _____

Goal 6: _____

Goal 7: _____
